

DREAM IT, DO IT: BE A DOCTOR FOR KIDS!



AT THE FOREFRONT OF **KIDS** MEDICINE®

UChicago Medicine

Comer Children's

DREAM IT, DO IT: BE A DOCTOR FOR KIDS!

TO OUR MENTORS-

OUR FAMILIES, TEACHERS, FRIENDS, PARTNERS,
DOCTORS, AND ROLE MODELS WHO HELPED GUIDE
OUR JOURNEY. THANK YOU FOR SHOWING US WHAT IT
MEANS TO CARE FOR OTHERS AND LEAD WITH HEART.
YOU INSPIRED US TO DREAM BIG, BELIEVE IN
OURSELVES, AND SEE THAT ANYTHING IS POSSIBLE.

TO OUR PATIENTS AND THEIR FAMILIES-

YOU ARE OUR REASON WHY.
THANK YOU FOR REMINDING US EVERY DAY
THAT PEDIATRICS IS ABOUT TRUST, LOVE,
RESILIENCE, AND HOPE. YOUR STORIES ARE
THE HEART OF THIS JOURNEY.

WITH GRATITUDE,

DR. LOLITA ALKUREISHI SIMONA CHOI M.K. CZERWIEC

MARIAM HASSAN SHALINI JAYAWEEERA NATASHA JANSSENS

JENNIFER LOPEZ SOFIA PERRI AMRITA REHAL

JULIA SAKOWITZ SARAH SHAPIRO SHAI SMITH

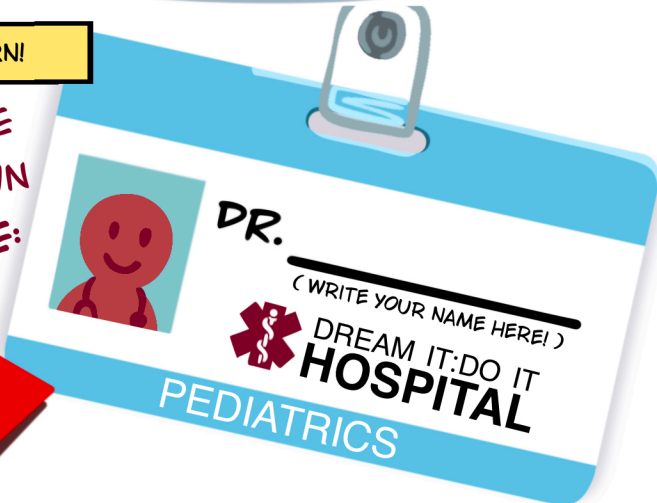
ILIANA TASSEV NITIN VIDYASAGAR MICHAEL (THE ARTIST)

THE CREATORS OF DREAM IT, DO IT



NOW IT'S YOUR TURN!

WRITE YOUR NAME
ON YOUR VERY OWN
DOCTOR BADGE:



A PEDIATRICIAN IS A DOCTOR
FOR KIDS—
FROM TINY BABIES
TO YOUNG ADULTS!

PEDIATRICIANS ARE DOCTORS WHO
GET SPECIAL TRAINING TO HELP KIDS
GROW UP HEALTHY AND STRONG!

THERE ARE ALL KINDS OF PEDIATRICIANS!

SOME WORK IN CLINICS, HOSPITALS,
SCHOOLS, AND RESEARCH LABS!

SOME FOCUS ON ONE AREA OF THE
BODY, LIKE THE HEART OR BRAIN

SOME SEE KIDS FOR CHECKUPS
OR WHEN THEY ARE SICK OR HURT.

NO MATTER WHERE
OR HOW WE WORK...

WE ALL LOVE HELPING KIDS
STAY HEALTHY AND REACH
THEIR DREAMS!



EVERY DAY IS DIFFERENT
AS A PEDIATRICIAN!

OTHER DAYS I HELP
TEENS WITH BIG
QUESTIONS.

SOME DAYS I LISTEN
TO BABY HEARTBEATS.

I GET TO CHEER KIDS ON AS THEY
REACH BIG MILESTONES!

PEDIATRICIANS DON'T
WORK ALONE—
WE TEAM UP WITH NURSES,
THERAPISTS, AND OTHERS
TO HELP EVERY CHILD!

I GET TO KNOW KIDS AND THEIR
FAMILIES FOR YEARS!

I'M ALSO A **TEACHER**! SHOWING
FAMILIES HOW TO STAY HEALTHY
AND **TRAINING** FUTURE DOCTORS!

AS A PEDIATRICIAN, I EARN A
GOOD LIVING AND CAN
TAKE CARE OF MY FAMILY.

BUT THE BEST PART? MAKING
A **DIFFERENCE** IN KIDS'
LIVES **EVERYDAY**!



DO ALL PEDIATRICIANS
LOOK THE SAME?
NO WAY!

PEDIATRICIANS COME FROM
ALL KINDS OF BACKGROUNDS—
JUST LIKE KIDS DO!

DIFFERENT DOCTORS
BRING DIFFERENT IDEAS
AND EXPERIENCES!



THAT CAN HELP KIDS
FEEL **SEEN AND**
SUPPORTED!



WHEN YOU SEE A DOCTOR
WHO LOOKS LIKE YOU OR
COMES FROM A PLACE
LIKE YOURS...

YOU REALIZE:
YOU CAN BE A
PEDIATRICIAN TOO!



THAT WAY, YOU CAN SHOW
KIDS THAT DOCTORS
CAN LOOK LIKE YOU!

YOU CAN START
GETTING READY TO BE
A DOCTOR **RIGHT NOW!**

HERE ARE SOME FUN
WAYS **TO START:**



ASK QUESTIONS!

BE CURIOUS AT
DOCTOR VISITS.
TELL YOUR TEACHER YOU
WANT TO BE A DOCTOR!

WHAT DOES THAT
TOOL DO?



READ BOOKS!
LEARN ABOUT DOCTORS,
HOSPITALS, AND THE
HUMAN BODY.



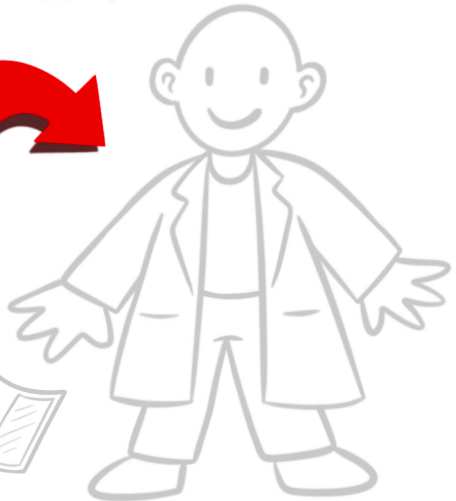
PLAY PRETEND!

YOUR STUFFED ANIMALS
CAN BE YOUR PATIENTS.



**DRAW YOURSELF
AS A PEDIATRICIAN!**

WHAT WILL YOU WEAR?
WHAT TOOLS WILL YOU USE?



EVERYTHING YOU LEARN
IS A STEP **TOWARDS YOUR DREAM!**



THE PATHWAY TO PEDS!

FIRST, DO YOUR BEST IN SCHOOL!

ELEMENTARY

EVERY SUBJECT IS IMPORTANT—
AND CAN HELP YOU
BECOME A DOCTOR!

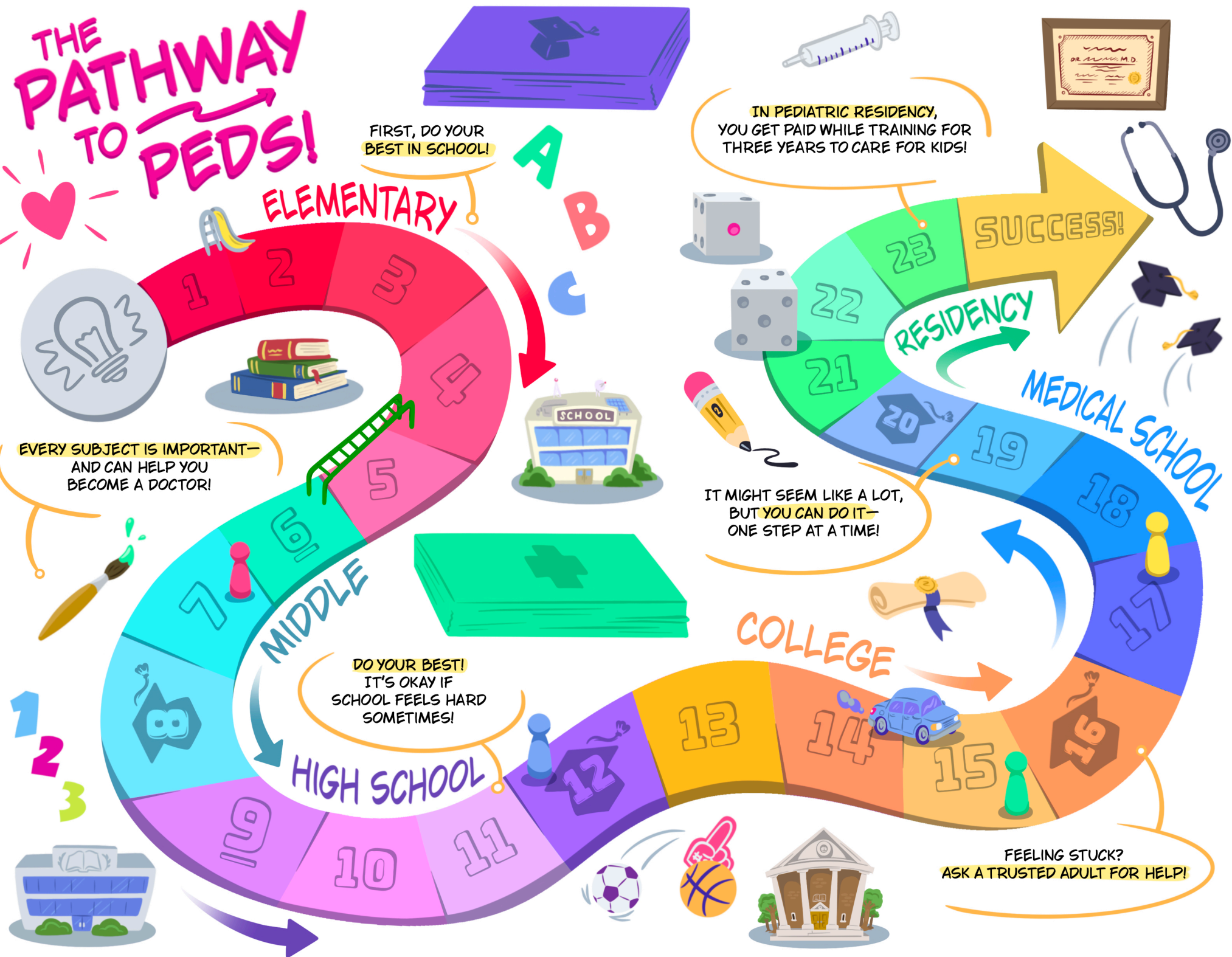
DO YOUR BEST!
IT'S OKAY IF
SCHOOL FEELS HARD
SOMETIMES!

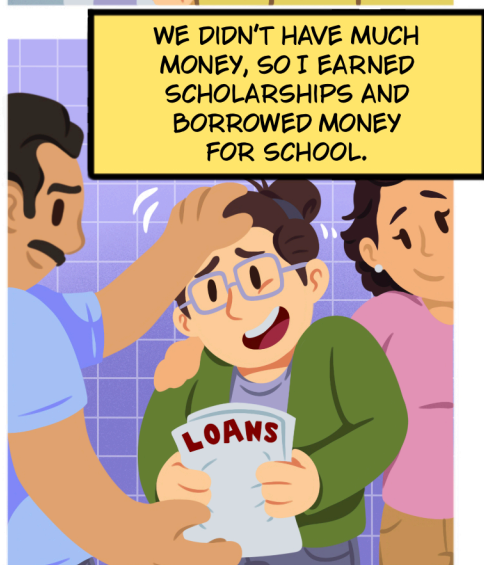
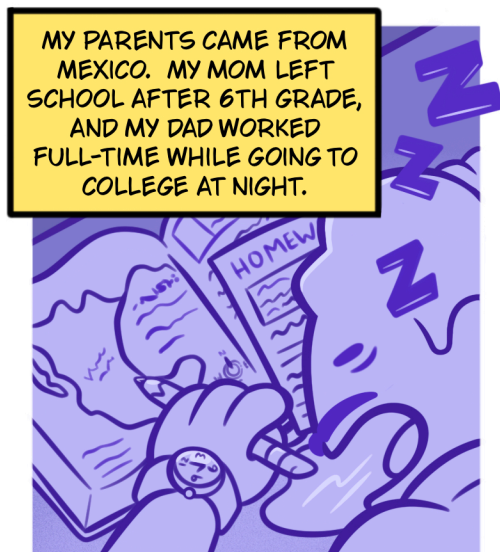
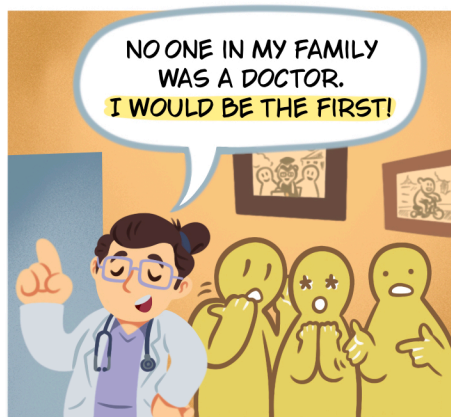
HIGH SCHOOL

IN PEDIATRIC RESIDENCY,
YOU GET PAID WHILE TRAINING FOR
THREE YEARS TO CARE FOR KIDS!

IT MIGHT SEEM LIKE A LOT,
BUT YOU CAN DO IT—
ONE STEP AT A TIME!

FEELING STUCK?
ASK A TRUSTED ADULT FOR HELP!





BUT I DIDN'T GIVE UP.

I ASKED FOR HELP-
FROM MY PARENTS,
TEACHERS &
COUNSELORS.



I WENT TO THE LIBRARY,
READ BOOKS, AND FOUND
PROGRAMS TO HELP ME.

AND I ALWAYS
REMEMBERED WHAT MY
PARENTS TAUGHT ME:



"LO QUE VALE LA PENNA,
VALE EL ESFUERZO."
IF SOMETHING IS IMPORTANT
TO YOU, IT'S WORTH
THE HARD WORK.



WITH HELP FROM OTHERS
AND LOTS OF HARD WORK
I BECAME A PEDIATRICIAN.
AND YOU CAN TOO.



LOTS OF THINGS FEEL HARD
AT FIRST, LIKE READING.
BUT YOU KEPT PRACTICING,
AND NOW YOU'RE
READING THIS BOOK!



NOW YOU KNOW MY PATH TO
PEDIATRICS AND WHAT IT'S LIKE
TO BE A DOCTOR FOR KIDS!

DREAM IT, DO IT!
YOU'VE GOT THIS!

EVERY JOURNEY STARTS
WITH A **FIRST STEP**. YOURS
CAN START **RIGHT NOW!**

AS A PEDIATRICIAN, YOU CAN MAKE
A DIFFERENCE FOR KIDS, FAMILIES
AND COMMUNITIES!

SO... WHAT'S NEXT?
KEEP ASKING QUESTIONS!
LOOK FOR WAYS TO
LEARN MORE!

AS YOU GET OLDER, SCIENCE
PROGRAMS, CAREER DAYS,
AND SCHOLARSHIPS CAN
HELP YOU ALONG THE WAY!

NOT SURE WHAT'S NEXT?
COME BACK TO THIS COMIC!
OUR RESOURCES CAN HELP!

READY TO LEARN MORE? SCAN THE QR CODE BELOW TO:

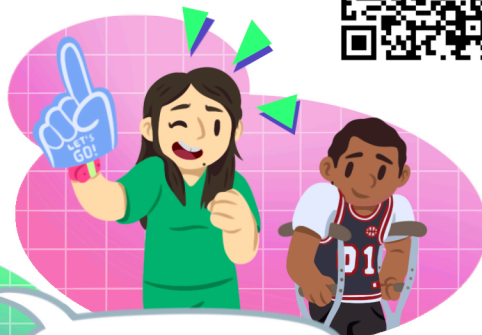
- ✓ EXPLORE HOW TO BECOME A DOCTOR
- ✓ FIND PROGRAMS TO HELP YOU GET STARTED
- ✓ MEET REAL PEDIATRICIANS—JUST LIKE ME!
- ✓ DISCOVER SCHOLARSHIPS AND OTHER RESOURCES



BIG DREAMS TAKE EFFORT—
BUT **THEY'RE WORTH IT.**



**START TODAY, ASK FOR
HELP, AND KEEP GOING.**



YOU CAN DO THIS.
WE NEED DOCTORS LIKE YOU!

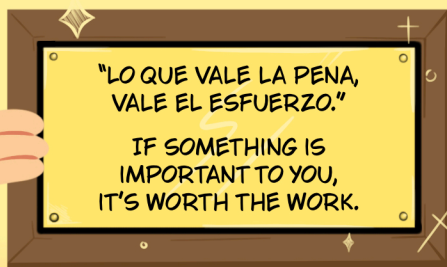


AND REMEMBER WHAT MY
FAMILY ALWAYS SAID...



"LO QUE VALE LA PENA,
VALE EL ESFUERZO."

IF SOMETHING IS
IMPORTANT TO YOU,
IT'S WORTH THE WORK.



IF YOU CAN **DREAM IT**, YOU CAN **DO IT**.

YOU HAVE WHAT IT TAKES TO BE A PEDIATRICIAN.

START TODAY!

TAKE ONE SMALL STEP
EVERY DAY TOWARD YOUR GOAL.

THE WORLD NEEDS
MORE **PEDIATRICIANS... LIKE YOU!**



NOW IT'S YOUR TURN!
THAT KID IN THE WHITE COAT?
THAT'S YOU!

DRAW YOUR FACE
AND WRITE YOUR NAME
ON THE BADGE BELOW:



DR. _____
(YOUR NAME HERE!)



DREAM IT:DO IT
HOSPITAL

FUTURE PEDIATRICIAN

READY TO LEARN MORE? SCAN HERE TO:

- ✓ EXPLORE HOW TO BECOME A DOCTOR
- ✓ FIND PROGRAMS TO GET STARTED
- ✓ MEET REAL PEDIATRICIANS — JUST LIKE ME!
- ✓ DISCOVER SCHOLARSHIPS AND OTHER RESOURCES



FUTUREPEDS.ORG

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